

Brandenburg Itinerary

Aug 22nd to Aug 24th 2025





What to expect:

Yoga Meditation

Sound Bath

Journal Writing

Bonfire & ceremonies

Cacao with free-flow

dance

Loving Community



Prices:

Price : Single : 669 €

Two share Stay : 559 €

Accomodation

The retreat provides a Cozy and comfortable stay.



What to bring:

Yoga Mat

Comfortable clothes

Bathing suite for outdoor Shower/Sun Bath

Water bottle (good to have)

Pen and Notebook





Food & Nutrition

Wholesome farm fresh vegan
& vegetarian Delicacy
Coffee, Tea and Snacks

Note: The meals will be
vegetarian. If you have specific
allergies or follow a vegan diet,
please let us know.



When & Where:

Address: Klein Glien 2514806 Bad Belzig Germany

Arrival: 3pm onwards, 22nd Aug 2025 **Departure:**

11:30 pm 24th Aug 2025

DAY 1 - 22ND AUG - EARTH ELEMENT



●	16:00	Meet & Greet
●	18:00	Yin Yang Yoga
●	19:00	Dinner
●	20:30	Tartaka Meditation & sound Medicine

DAY 2 - 23RD AUG - FIRE ELEMENT



●	07:00	Wake Up and Tea
●	08:15	Power Vinyasa & Meditation (by Neha)
●	09:00	Breakfast / FreeTime
●	13:00	Lunch
●	16:00	Yin Yang Yoga (by Neha)
●	17:45	Cacao & Free flow Dance (Neha)
●	19:00	Dinner
●	21:00	Sound Bath (Dhiraj)

DAY 3 - 24TH AUG - WATER ELEMENT



●	07:00	Wake Up and Tea
●	08:15	Vinyasa, Pranayama & Meditation
●	09.00	Breakfast
●	10:45	Closing Ceremony with Journal
●	11:30	Departure

Here’s a sample retreat plan, subject to change based on weather and other factors.