



YOGA & CULTURE INDIA RETREAT

Yoga, Meditation, Textile, Culture & Heritage of India

10 Days of Yoga, Culture & Vacation in Jaipur & Goa





A Journey of Sustainable Living, Wellness & Culture

Jaipur (December 5th - 10th)

Set in the heart of Rajasthan, you'll stay in beautiful, eco-friendly houses, surrounded by nature. Begin your mornings with yoga and meditation, followed by creative workshops like pottery, block printing, and traditional mud house painting. Evenings are for unwinding—enjoy soulful Rajasthani folk music, sound healing, and meaningful connections under the vast desert sky. A guided Jaipur city tour will take you through historic palaces, vibrant bazaars, and local artisan hubs.





A Journey of Sustainable Living, Wellness & Culture

Goa (December 10th - 15th)

From the golden deserts to the sun-kissed beaches, the journey continues in Goa. Here, you'll stay in a tranquil, nature-inspired retreat space. Mornings start with beachside yoga and breathwork, while afternoons are free for exploring hidden beaches, indulging in Ayurvedic treatments, or simply relaxing by the ocean. As the sun sets, enjoy sound baths, ecstatic dance, and evening bonfires by the sea.





What To Expect?

Yoga & Meditation

Sound Healing

Jaipur Pottery & Block Printing

Ayurvedic Internal Body Cleansing

Pure Vegetarian & Vegan Sattvic Meal

Soulful Kirtan & Meditation

Traditional Old Temple Visit

Traditional Textile Bazaar Tour

Jaipur Heritage Tour

Goa Beach Days





Where You'll Stay



Jaipur: Cozy beautiful jaipur style comfortable Stay



Goa: A serene beachside retreat, offering peace, comfort, and stunning ocean views.





Pricing & Booking?

The retreat price includes all activities, excursions, food, and stay.

Not included: Flights, airport transfers, and travel insurance.
(Pickup from the airport to the retreat location can be arranged for an additional charge.)

Pricing: Jaipur

Single Person: €1199

Couple/Friends: €999 per person (Shared stay)

Pricing: Goa

Single Person: €1099

Couple/Friends: €899 per person (Shared stay)

Pricing: Jaipur + Goa

Single Person: €1799

Couple/Friends: €1499 per person

Booking Amount : 500 EUR

Pay only the booking amount now and pay the remaining amount (Total cost - Booking amount) to the Indian entity.

We will guide you through the process.



Itinerary Overview

JAIPUR

Date:

Dec 5-10

Location & Activities:

Yoga
Sound Healing
Pottery
Block Painting, Jaipur
City Tour Textile
Heritage Temple &
Bazaar Tour

GOA

Date:

Dec 10-15

Location & Activities:

Yoga
Beach Walks
Sunsets
Ocean swims
Deep Relaxation



What To Bring?

Clothing

Light, breathable fabrics

Scarves or shawls

Modest wear for temples and retreats

Swimsuit

Yoga wear

A light jacket or sweater

Health & Hygiene

Personal medications

Hand sanitizer & Personal Toliteries

Vaccinations

Before you fly to India, check with your local health center for vaccines.
